We’re Here to Help You Find Parenting Information & Support.

Ask Your Parenting Questions

I love you. No matter what happens, I will always love you!

It is important for parents to stay involved with their children. Know who they are. Know what they do. Parents are for life!

ParentLink
College of Education
University of Missouri
An equal opportunity/ADA institution

Attn: Family Support Specialist
4800 Santana Circle
Columbia, MO 65211

An equal opportunity/ADA institution

F267 3/10/10M
Words to Grow On

It can be hard to know what to talk about with your kids. “How are you?” is a good question, but sometimes it is easier for your children to answer more specific questions. Some other conversation starters during visits or in letters:

• What do you do for fun? Tell me more about that.

• What is your favorite... (book, movie, thing to do on a rainy day, game, food, etc.)? What do you like about it?

• What do you want to do when you get older? Why do you think you’d be good at this?

• If you could go anywhere in the world, where would you go? What would you do there?

• What are some of the things that make you happy? What makes you sad?

Ways to Stay In Touch With Your Child...

Write A Story Together
As you send each other letters, take turns adding to the story—don’t forget the pictures!

Boost Your Child’s Self-Esteem
Each day, think of a different thing you like about your child and write it down. Send the list to your child at the end of the week.

Find Out About Parenting Programs At Your Facility
Visiting a parent who is incarcerated can help children overcome unrealistic fears.

Make Something For Your Child And Send It To Them
For example, you might draw a picture, write a poem or short story, or create a piece of artwork.

What else would you like to know about parenting and child development?